

"POWER OF A FOCUSED LIFE" PERSONAL GOALS WORKSHEET

STEP 1: Overall Life Vision – What is your life vision? Below are some helpful questions to help form your life vision:

1. What would you want those who knew you best to say about you at the end of your life? Indicated specific people and statements you would like to hear each of them say about you.

Person: God
Statement about you:

Person:
Statement about you:

Person:
Statement about you:

Person:
Statement about you:

Person:
Statement about you:

2. What are your values? Create a list of specific attributes or standards that you desire to see expressed in your own life. List your values as well as creating a brief description of how you express that value. Write these descriptions as if you already live them out.

Examples:

Value: Commitment

Description: I am true to my word and committed to my values. Others know that they can count on me to do what I set out to do. I do not give up if something becomes difficult.

Value: Devotion

Description: I stir myself up by meditating, remembering and reading the Word to remain loyal to God. I do whatever it takes to cultivate a burning heart for Him. I do not let my heart grow cold.

More examples of Values: Love, faithfulness, living for eternity, pleasing to God, death to self, holiness, servanthood, etc.

Value:

Description:

Value:

Description:

Value:

Description:

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Value:

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Description:

In the space below, briefly write out your overall life vision or your primary purpose in life:

STEP 2: Life Goals: Apply your life vision to specific areas of your life. Write out your short term (3 months to 3 years) goals and long term (over 10 years) goals for each of the areas below.

1. Spiritually (Prayer time, fasting days, Bible study, etc.)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

2. Relationally (family, friends, etc.)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

3. Vocation (marketplace calling, career, etc.)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

4. Ministry (in the church, outside the church)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

5. Economically (spending, giving, saving, investing, etc.)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

6. Physically (exercise, health, diet, etc.)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

7. Rest (recreation, vacation, play, entertainment, sports, etc.)

Short –term goals

- 1.
- 2.
- 3.

Long-term goals

- 1.
- 2.
- 3.

STEP 3: Proposed Action Plan. Describe your strategy (or strategies) to accomplish these goals. What will you actually do to make these goals become reality?

1. Spiritually

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

2. Relationally

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

3. Vocation

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

4. Ministry

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

5. Economically

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

6. Physically

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

7. Rest

Action Plans for my short term goals:

Short term goal #1:

Action Plan:

Short term goal #2:

Action Plan:

Short term goal #3:

Action Plan:

Action Plans for my long term goals:

Long term goal #1:

Action Plan:

Long term goal #2:

Action Plan:

Long term goal #3:

Action Plan:

STEP 4: Scheduling Your Time: What specific times of the week will you implement your action plans? Schedule your time in order to accomplish your goals for success!

*Use the blank schedule on the following page to schedule your time.. (You may want to make copies of the schedule for future use.)

IHOP LAKE SUPERIOR

"POWER OF A FOCUSED LIFE" PERSONAL GOALS WORKSHEET

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